

CHALLENGE TO EXCELLENCE

Events just are what they are! Response creates outcome.

NAME _____

$$E + R = O$$

EVENT + RESPONSE = OUTCOME

Write down an EVENT in your life: _____

What was your RESPONSE? _____

What was the OUTCOME? _____

Change your RESPONSE: _____

How might the OUTCOME be different? _____

We have no power over the EVENTS in our lives.
We do have power over the RESPONSES in our lives, and that makes all the difference in our
OUTCOMES.