

# CHALLENGE TO EXCELLENCE

Give yourself the gift of forgiveness (make enough copies for each family member).

There is no such thing as failure, only results.

To fail is just to begin again.

Forgiveness is powerful!

I choose to put down my bag of failure, guilt, and betrayal. I choose to live in the present moment.

I choose to forgive myself and

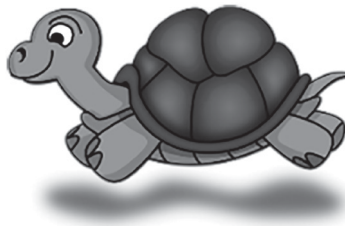
others. I forgive myself for:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

I forgive \_\_\_\_\_ for: \_\_\_\_\_

I forgive \_\_\_\_\_ for: \_\_\_\_\_

I forgive \_\_\_\_\_ for: \_\_\_\_\_



I change at my own speed.  
Winners are friends with failure. Winners have stick-to-it-ness.